



University of North Dakota



Upward Bound

U • N • I • V • E • R • S • I • T • Y O • F N • O • R • T • H D • A • K • O • T • A

Program Handbook 2008



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An Overview of Upward Bound

1. History of Upward Bound

The beginnings of Upward Bound lie in the Economic Opportunity Act of 1964, and the Office of Economic Opportunity (OEO) in 1965, until its final transfer to the Office of Education (OE) on July 1, 1969. The Office of Education (later the United States Department of Education) has administered Upward Bound since 1969.

Upward Bound is a highly successful, college-based program of rigorous academic instruction and individual tutoring and counseling for low-income high school students, most of whom are the first-generation of their families to consider post-secondary education.

During the summer, Upward Bound students live on the college campus and are involved in an intensive academic program with an emphasis on English, mathematics, science, reading, and writing.

The student/teacher ratio is small. Individual and group counseling are also important elements of the Program. Upward Bound's residential program operates for six weeks during the summer.

During the academic year, Upward Bound students receive academic instruction, tutoring, and counseling during school hours. Advisors follow student progress throughout high school and for four years following graduation. Students also learn about the college application process and how to apply for student financial assistance.

Upward Bound is one of five (5) TRIO programs funded under TITLE IV of the Higher Education Act of 1965 (initially just three programs). Other TRIO Programs include Student Support Services which helps students stay in college until they earn baccalaureate degrees and Talent Search which serves young people in grades six through twelve. In addition to counseling, participants receive information about college admission requirements, scholarships, and various student financial aid programs. The Educational Opportunity Center

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program serves displaced and under-employed workers by helping them choose colleges and suitable financial aid programs and the Ronald E. McNair Program Post-Baccalaureate Achievement Program encourages low-income and minority undergraduates to consider careers in college teaching as well as prepare for doctoral study.

Since 1966, an estimated 2 million TRIO students have graduated from college.

2. Success Rate of Upward Bound

Success Rate:

A 1981 study found that overall, more than 90 percent of Upward Bound graduates enter institutions of higher learning, are more than twice as likely to enroll in four-year post-secondary institutions as students from similar backgrounds, and are four times as likely to have earned an undergraduate degree as students from similar backgrounds who did not participate in Upward Bound. The Research Triangle Institute Study followed 3,710 Upward Bound 12th graders from 64 randomly selected projects and a comparison group of similar students for four years.

A more recent Longitudinal Study of Upward Bound students at The University of Maryland at College Park found that five years after entering the University, 65 to 68 percent of the group of Upward Bound graduates had received postsecondary degrees or were still in college. That compares to 44 to 47 percent of the general incoming college population, who had graduated or were still in school five years later. Only 27 percent of a group similar in socioeconomic background to the group of Upward Bound students had graduated or were still in school five years later.

A current longitudinal study is being conducted by the United States Department of Education. Preliminary findings suggest that Upward Bound students enroll in more college prep courses than their counterparts.

Program Statistics:

Approximately 50,000 students participate in more than 600 Upward Bound Programs, nationwide, each year.

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SOURCE: National Council of Educational Opportunity Associations (NCEOA)

3. University of North Dakota Upward Bound

Upward Bound is a year-round Program within the Division of Student and Outreach Services, sponsored by the University of North Dakota and the United States Department of Education. The purpose of the Upward Bound Program is to assist disadvantaged high school students in developing and enhancing their academic and motivational skills so they may graduate and successfully enroll in a post-secondary educational institution.

Services Available:

- A. Supplemental Instruction – Provide educational material in the following areas: reading, writing, science, math, study skills, and career development to supplement their school work throughout the academic year.
- B. Personal Assistance – Provide motivation and personal support to project participants through continuous contact with Upward Bound Advisors, school teachers, school counselors, tutors, home visits, counseling sessions, and field trips to educational centers.
- C. Residential Program – Provide a six-week program during the summer (June – July) which allows the participants to live on the University of North Dakota campus and take part in a variety of academic, social, and cultural activities. The program emphasizes reading, writing, math, science, and other communication skills. After successfully completing the Summer Program, students may earn ½ high school credit.
- D. BRIDGE Program – The summer following high school graduation is the Upward Bound “BRIDGE Summer.” In this segment, students take college courses for credit which will transfer to the college of their choice.
- E. Other Services – Provide academic advisement, tutoring and study skills activities, career exploration information, college preparation (financial aid, admissions, etc.), and educational/cultural experiences.

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Population Served:

The thirteen target high schools where students are eligible to participate, having met the low-income and first-generation college criteria are: Crookston HS, , Devils Lake HS, Dunseith HS, East Grand Forks HS, Four Winds HS, Grafton HS, Grand Forks Central HS, New Town HS, St. John HS, and Turtle Mountain HS.

Eligibility is determined on three factors:

- A. Low-income within federal guidelines; and/or
- B. First-generation college (neither parent has attained a four-year degree);
and
- C. Displays academic need.

4. The Application Process and Expectations

The participants must take the first step in asserting themselves by completing the application process. The application requires the potential participant to be evaluated by the high school counselor in terms of academic need and college potential. Additionally, the applicant chooses two teachers in one of the four core subject areas: language arts, mathematics, science, and social studies to provide an in-depth recommendation for the student. The application requires the student to submit several short answers to questions about personal academic goals, activities, abilities, and ability to participate in the Summer Program.

During the academic year, the student's attendance, grades, and extracurricular activities are monitored. The student is advised about possible career options and is given the encouragement and incentive to succeed. Students in the Program are expected to enhance their skills as role models for others within their high schools. Monthly assignments are given to the students to provide supplemental instruction in the core subject areas for greater academic success. A stipend system is administered to reward the students for the completion of the monthly assignment with a portion based exclusively on the monthly

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progress report.

Every academic year, all participants are taken on an educational trip where workshops are conducted in career exploration, college preparation, and leadership skills. The students are expected to be able to stand and give their name, grade level, high school, hometown/ reservation, and some other interesting fact about themselves, at a minimum. Public speaking is regularly incorporated into the Program. For the high school seniors, a special college visit and workshop session is conducted every academic year to ensure that college applications and financial aid forms are properly filled out. This annual trip is called the Senior Seminar.

During the Summer Program, the students are given the opportunity to fully express their leadership capabilities through classroom activities, campus activities, and the Student Advisory Board. The ninth through eleventh grade students are full participants in every aspect of the Summer Program. A more intensive program is entered into for the recently graduated seniors. This more intensive program is called the BRIDGE Program and allows these students to earn college credits in two courses, while on campus.

The overall goal of Upward Bound is to see participants through high school graduation, the successful college application process, and act as a contact up through college graduation. Once a student is accepted into the Program, they become a full-time commitment to Program staff and will be given thorough Program support in the academic areas. Each and every student is viewed as an individual. The key words in this Program are: dignity, respect, fun, and fairness. That is the key to the success of our Upward Bound participants.

Academic Year Policies

1. Monthly Assignments

Beginning in September through the end of May, each Upward Bound participant is given a monthly assignment to do. These assignments are distributed at the beginning of the month and are meant to assess the academic strengths of students and the areas where further instruction is necessary. The Upward Bound Instructor Coordinator is responsible for the development and distribution of the monthly assignments. Most of the assignments involve one or two hours of student concentration to complete. During the school visits, the Advisors are

available to assist the students with these assignments, if need be. At least one of the academic year assignments will require that the student interact with their parent or other role model adult to complete it. Generally, these assignments involve career exploration and offer an opportunity for the student to articulate their thoughts about the future and allow for positive feedback from an older person who holds a significant role in their lives. The monthly assignments are picked up by the Advisors, or students may send them directly to the main office. Assignments must reach the office by the last day of every month, to receive the monthly stipend.

2. School Visits

The University of North Dakota Upward Bound covers ten target high schools throughout northern North Dakota and eastern Minnesota. The coordination of the school visits requires that certain schools be visited within the same trip. Each student receives two visits per month by an Upward Bound Advisor or Tutor, at a minimum.

The Advisors meet with the students in areas designated by the high schools and work closely with high school counselors to give the students the necessary individual advisement. For the New Town High School, a school staff member provides constant contact and an Advisor travels to the school for one visit each month.

3. Attendance, Grades, Test Scores, and Grade/Behavior Policies

Attendance:

Students are expected to regularly attend all classes. Any absences should be excused absences. One of the biggest contributing factors to low or inadequate grades is missing classes. The high school curriculum is made to gradually build on previous knowledge to acquire mastery of each subject area. When students are not attending a class, they are missing valuable information that may influence their ability to understand the entire subject area and set them up for failure, particularly on tests. Advisors check the attendance of the students on a regular basis.

Grades:

The grades of the students are still the single most important indicator for the rating of academic accomplishment. Federally, Upward Bound must report the increase of grade point average to assure the Department of Education that the Program is meeting the Program's objectives. Three reports are written annually which include grade point information for all of the Program participants. Therefore, the maximization of grades by the participants is one of the key goals for the Program staff. At a minimum, the students should have the following grade point averages per grade level: completion of 9th grade--2.00, completion of 10th grade--2.25, completion of 11th grade--2.50, and completion of 12th grade--2.75. Our Program goal is to have the students graduate with a 3.00 grade point average.

Test scores:

One of the measurements to determine student proficiency is the use of standardized tests to evaluate skill level. The Upward Bound Program also reports on the percentage of students who have increased their scores from year to year. Those who remain below grade level on the tests or who don't take the tests seriously and show a decrease have a negative impact on the continued funding of the Program for all students. During the Academic Year, those students who do not participate in standardized testing will be given either the ACT, PLAN, or EXPLORE test depending on grade level.

4. Stipends

The Upward Bound Program specifically serves students that fall within the low-income guidelines developed federally. The need to provide incentive stipends is recognized as necessary in a program of this type. The maximum amount that each student may receive per month is \$40.00 during the academic year and \$60.00 during the Summer Program. The receipt of the monthly stipend is dependent upon handing in the monthly assignment for \$20.00 and then a calculation based on the monthly progress report and school attendance record. Stipends can also be based on participation in activities. The stipends are calculated on the last day of each month and delivered the first visit of the next month. During the summer program, work study positions will be available for students attending the Pre-Bridge portion of the program.

5. Educational Trips

Educational trips are conducted every academic year. These include the Senior Seminar, Educational Trip, and the Student Advisory Board Meeting. The Senior Seminar is held in December. Seniors attend this day-and-a-half meeting which includes college application pointers, financial aid information, and a college visit. Another is the Educational Trip, which is attended by all participants, usually in mid-March. This trip is two days and includes social activities, a Student Advisory Board meeting, and Leadership Workshops based upon grade level. A third trip is for the official Student Advisory Board Meeting, which is a half-day trip at the end of March or beginning of April. Those elected to the Student Advisory Board attend and conduct their first regular session before the Summer Program. Students will also attend one weekend trip with other students in the same class, meeting on a variety of subjects, from job search skills to college planning.

All of the expenses for these trips are covered by the Program including: meals, hotel rooms, transportation, and tickets for social activities. Upward Bound staff chaperone the events, and the students are supervised at all times.

Summer Program

1. Purpose and Objectives

The summer component of the Upward Bound Program is a very important part of the Program. The purpose of the Summer Program is to provide a well-rounded experience of what campus life is like, so the students can begin to envision themselves at college. This type of experience is essential to the academic year, because it provides insight into the practical everyday living of a college student.

Program Goals

As an Upward Bound student, you should keep in mind the goals of the Program. They are:

- A. To instill in Upward Bound students a positive attitude toward learning and post-secondary education;

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- B. To increase the students' ability to relate to their peer group by developing a sense of personal worth;
- C. To expose the students to new academic, social, and cultural learning experiences;
- D. To provide, when necessary, academic assistance to each individual student; and
- E. To help the students increase their understanding of and ability to cope with their environment.

There are things about Upward Bound that you should know and in which you are expected to cooperate and conform. RTA group meetings are scheduled at 9:45 p.m., Sunday through Thursday, and at 11:30 p.m. Each Monday there will be a group meeting at 12:30 p.m. in the study hall room.

Program Rules

- A. Students must attend all classes at school and arrive on time. **Class attendance is mandatory. If a student is ill, he/she will remain in the residence hall for the entire day, after being sent to the Student Health Center.**
- B. The use of profanity and name calling is prohibited on and off campus.
- C. Students are required to bring materials for study i.e., books, notebook paper, pens, pencils, tutorial request forms, homework assignments, etc. to all classes and study sessions.
- D. Students must cooperate and work with Program staff, including bus drivers, high school coordinators, permanent staff, and Tutors at Program activities. Students are to respect authority, listen to presenters, be appreciative of services provided, participate in discussions, ask questions, and honor the rules and regulations.
- E. Excessive noise, running, wrestling, and horse playing are prohibited in the classroom buildings, hallways, stairwells, and other facilities where Upward

Bound activities are held. Upon entering classroom buildings and other facilities, students must lower voices and exercise quietness. In public settings, students must maintain a moderate level in speaking. Excessive noise and horse playing are also prohibited on the buses.

- F. **Electronic devices (including cell phones) are not permitted** in the classrooms, tutorials, counseling sessions, college visits, or any other Program-related activities.

- G. Students may be checked-out by the visitors on their parent-signed visitor list. The person checking-out the student must be 18 years of age or older. Check-outs cannot be during scheduled activities that the students are required to be at (camps, cultural activities, etc.). Check-outs may be from 6:30 p.m. until 9:30 p.m. on weekdays, meeting all of the above rules. Check-outs may be from 8:00 a.m. until 9:30 p.m. on weekends where the student isn't scheduled for activities.

RULES-DO NOT FORGET THESE:

- Abuse to yourself, others, or property is UNACCEPTABLE.

- Drinking or use of drugs is DEFINITELY NOT ALLOWED.

- No smoking. This includes smokeless tobacco.

- To be off-campus (in Grand Forks) you must have permission from parents, residence hall staff, and sign out with the RTA on duty.

- Males are not allowed on the female wings/floors and females are not allowed on the male wing/floor of the residence halls.

Curfew hours in the residence hall will be 9:45 p.m., Sunday through Thursday, and 10:45 p.m., Friday and Saturday, unless there are planned activities.

Lights must be turned off by 10:45 p.m., Sunday through Thursday, and by 12:00 a.m., Friday and Saturday.

There will be quiet hours Sunday through Thursday from 10:45 p.m. to 8:00 a.m. There will be quiet hours from 12:00 a.m. to 8:00 a.m. on Friday and Saturday.

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Screens Off Residence Hall Windows:

Students will be billed \$10.00 for taking a screen off a residence hall window. Any damage to the residence hall will be billed to the student who is assigned to the room in which the damage is done. Damage to any general use areas, for example the lounge, the TV room, equipment missing, etc., will be billed to all students.

If you lose your room key or do not turn one in at the end of the summer, we will collect \$40 for your room key and \$30 for the outside door key. You will need to show your key to your advisor every week when picking up your stipend and every night at check in.

If you lose your photo I.D. for meals, you will be charged a \$5 replacement fee.

Rooms:

You are not allowed to tack, tape, or paste anything on the walls, woodwork, or windows. You are responsible for any damages and will be billed accordingly.

Motor Vehicles:

No motor vehicles are allowed on campus (ex: cars, motorcycles, pick-ups, etc.).

Discipline:

All discipline will be handled by the director. Accumulations of minor infractions will make a major infraction. If there are any major infractions of rules, it is possible you will receive early hours, do work, get suspended, or be asked to leave. There will also be other alternatives. Parents will be notified of every major infraction of the rules.

In case of damaged property, you will be charged for it. If the damage is excessive, you will be sent home. In the event there is damage to common areas, such as lounge equipment, each student will share in paying the cost to repair or replace the item. Equipment not returned or damaged will be part of common damage. This money will be collected from you each week if there is damage.

Going Home:

Students are expected to stay on campus for most of the six weeks. In the event you must go home, you must have a written notice from your parents sent to the Upward Bound Director, or have your parents talk directly to one of the Upward Bound staff members, preferably Lori Larson by the Thursday before the weekend. Students must pay the cost of going home themselves. All students must stay on campus during the first weekend of the program.

A special note to local students (Grand Forks, East Grand Forks, Crookston, Dakota Prairie, Grafton, and Midway). Students going home for the weekend must check out just like those from towns farther away. Because we are so busy on weekends, with staff and students participating in a number of activities, once a student checks out for the weekend, he/she cannot drop in to visit the residence hall while checked out. Because of supervision and liability reasons, Upward Bound cannot be responsible for you when you are officially home for the weekend.

Recreational Equipment:

Recreational equipment will be at a designated room. Lost equipment will be billed to the individual who lost it.

Mail:

Mail is picked up and delivered at approximately noon daily. Your address is:

*Your Name
Upward Bound
2891 2nd Ave. No. Stop 9027
Grand Forks, ND 58202-9027*

Telephones:

You are not allowed to charge long distance calls to residence hall telephones. You may use the WATS line at the Upward Bound Office in McCannel Hall from

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12:15 – 12:45 p.m., for business purposes only (i.e, health problems, permission to go home, or by special arrangements with an RTA), as the WATS line is for business purposes. No personal calls can be made on this University line (i.e., to call a boy/girl friend to visit). To call an off-campus number, dial 9 then the 7-digit number. To call another residence hall, dial the 4-digit number. For WATS calls, Adria Olson will place the call. The calls will be limited to three minutes.

In the event parents need to reach students, they may call the Upward Bound Office at (701) 777-3427. A message will be given to the student in a timely manner as the students have class in other buildings on campus.

Cooking:

No cooking is allowed in the residence hall rooms, or in the wing lounges. However, you may pop popcorn, etc., in the designated lounge, provided the heating unit is sitting on a metal table and attended.

Student Staff Advisory Board:

Students who wish to assist with establishing activities, organizing UB events, and evaluating the progress of the program will serve on a Student Advisory Board which will meet with Lori and other staff members. It will consist of both staff and students. Further details will be explained later.

We have taken the time to write a few of the regulations we go by here at Upward Bound so that you have an opportunity to know what we expect. We hope you will enjoy yourself, learn from experience in Upward Bound this summer, and also have a lot of fun!

2. What to Bring

Pack comfortable, casual clothes, and be sure to include a pair of gym shoes and a swim suit. There will be a few “dress-up” events during the summer, including the Awards Banquet.

Be sure to bring some sort of **RAIN GEAR** (umbrella, poncho, or raincoat); it will rain some time during the six weeks you are with us!

You must provide your own **PILLOWS, BLANKETS, TOWELS, WASHCLOTHS,** and

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HANGERS.

There are coin-operated washing machines and dryers available. Change is usually not available in the residence halls. You may want to bring some quarters with you or make appropriate arrangements for change prior to beginning your laundry in the washers and/or dryers.

Toiletries will not be provided; please make arrangements for your personal hygiene (soap, deodorant, cologne, perfume, shampoo/conditioner, etc.). This includes laundry detergent.

You may bring a radio, small screen television, or stereo, however, the sound must be kept at **REASONABLE** levels.

Other things you may wish to bring: alarm clock, stamps, stationery, addresses of friends and/or relatives, and your own sports equipment (tennis racquet, baseball glove, etc.) you may wish to use.

3. Classes Per Grade Level

During the Summer Program, the ninth through eleventh grade students will be matched up with classes at the appropriate grade level in the following subjects: mathematics, science, and language arts. The levels of mathematics include Algebra I, Algebra II, Geometry, and Calculus. The levels of science include Biology I, Chemistry, and Physics. The levels of language arts focus on responses to literature and grammar instruction.

You will be required to attend classes in language arts, math, and sciences from 8:30 a.m.–11:30 a.m., ninth and tenth grades will be taking a foreign language, as well as a computer class in the afternoon. Eleventh grade students will take a computer class, and a career, mentoring, leadership class in the afternoon. All students, ninth through eleventh grades will have tutorials at a time added into their schedule.

4. Sports Camps, Cultural Activities, and Camping

It has been said that a sound mind is balanced with a sound body. During the Summer Program, the students are expected to engage in physical activities as well as academic. Every student must participate in at least one sports camp.

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Cultural activities are an important part of the college living experience and therefore, are incorporated into the Upward Bound Summer Program. By giving our students the opportunity to interact with diverse populations and discuss issues of diversity, the Program gives them a head start in their college courses where different viewpoints are presented. The Upward Bound Program itself is filled with diversity in terms of rural and urban living, five different tribal nations from the North Dakota area, different European descendants, and a variety of ethnic groups which are all represented in our student and staff population.

Speciality camps will be offered in the evenings. You have to participate in a camp each week. Some camps that will be offered are swimming, first aid, fine arts, basketball, and volleyball. In addition, there will be numerous evening and weekend activities from which to choose.

5. Summer Stipends

You will also be able to earn a stipend each week for meeting with your RTA group, grades, attendance and participation in classes, participation in evening activities, and showing overall progress in the program. I am certain you will find the classes to be different from those during the regular school year. We hope you will have a good academic experience in the Upward Bound classes. In addition to regular stipends, Pre-Bridge students will have the opportunity to participate in work study positions.

6. Summer Staff

Summer staff are especially hired every spring for the smooth operation of the Summer Program. Seven live-in Tutor Assistants (RTAs) are hired to supervise and tutor grades nine through eleven. These RTAs need to have completed at least one year in a college program. Four are male and four are female, and they supervise the residence halls. One RTA is hired specifically for the BRIDGE Program and that one is required to have completed at least two years in a college program.

Summer Instructors are hired in the following subject areas: mathematics, science, language arts, and foreign/native languages. Preferably, these instructors have certification within the state of North Dakota. Preference is given to those who have experience with high school students who meet the

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Program criteria.

Some of the summer staff are permanent employees with other TRIO programs at the University of North Dakota. These staff serve supplemental roles to the Upward Bound staff in maintaining the Program operation.

7. BRIDGE Program

The BRIDGE Program is the last phase of the summer Upward Bound Program. Recently graduated high school seniors become eligible for BRIDGE when they apply to a college and prepare to enroll in the fall semester. The students attending the BRIDGE Program have a special living arrangement in a residence hall removed from the other high school students. The BRIDGE students take two intensive college courses and receive one-on-one tutoring to succeed in those courses. They have a mandatory two-hour study hall during the weekdays and may participate in weekend activities with other students. All tuition and fees for these beginning college courses are paid for by the Upward Bound Program and the credits are transferable to the college of the student's choice.

BRIDGE Students are involved in study skills courses and career exploration as part of their weekly curriculum. These students will be tracked for four years following their high school graduation for attendance in college and graduation from college.

8. Final Trip for 9th – 11th

At the end of the five weeks of classroom instruction, the students are taken on a final trip and given academic assignments as they explore and travel other surrounding areas. Some of the places the students have been taken include the final trip to the Black Hills area of South Dakota, Duluth, Minnesota, and Minneapolis Minnesota. The final trip is scheduled for the end of the summer session and serves as a very rewarding experience where memories are made that bind the group together for years to come.

9. Final Trip for BRIDGE Students

At the end of the five weeks of classroom instruction, the BRIDGE students are taken on a final trip that involves continued academic instruction as well as sightseeing. Some of the places the students may see include the wilderness

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areas of Ely, Minnesota, the urban areas of Minneapolis, Minnesota, and Duluth, Minnesota. The final trip is intended as a hands-on learning experience as well as an incentive for the completion of the four year Upward Bound Program. This trip may be a separate trip or students may go on the same trip as the regular Upward Bound students.

10. Contacting Parents

Phone calls are allowed during the designated times for all students, except in emergency or other situations where accommodation will be made. If students wish to call others during the Program, they need to be equipped with phone cards when they arrive on campus.

11. Parents Visiting Summer Program

Parents are encouraged to visit the students while they are residing on the UND campus. This helps alleviate some of the homesickness students may feel when attending the Summer Program. Parents must check in when they arrive at the residence halls. The best times for visiting the students are from 5:00 p.m. – 9:00 p.m. on weekday evenings and anytime during the weekends.

12. Parent-Supplied Visitors List

Adults over the age of 18 may check-out students if they are on the authorized list supplied by that student's parents. The check-out may occur only when the student is not required for a previously scheduled activity, which will generally be different weekday evenings from 6:00 p.m. – 9:00 p.m. Students must be in the residence halls at 9:30 p.m. and participating in their nightly groups. On the weekends, students may be checked out if they are not scheduled to attend the camping trip that weekend. Remember, students must be back in the residence halls by 10:45 p.m. on weekends as well.

13. Room Inspections

Room inspections will be conducted every Friday.

To pass room inspection, the following must be done:

- A. Bed made and tidy.

- B. Desk straightened.
- C. Floor clean with nothing under the bed.
- D. Shower and bathroom area straightened and clean.
- E. Closets straightened and laundry properly put away.
- F. Overall appearance of room must be orderly and clean.

14. Student Advisory Board

The Student Advisory Board represents the leadership of the Upward Bound participants. The Board meets once during the academic year and then weekly during the Summer Program. The role of the Board is to schedule an activity evening, plan a fund raising event, and perform some type of community service during the Summer Program.

15. Awards Banquet

At the conclusion of the classroom portion of the Summer Program, the students attend their annual Awards Banquet. Every student who finished required course work and attends the banquet is entitled to a certificate of completion. Parents and family members are encouraged to attend. This is a time when we celebrate all of the achievements that have occurred during the summer. The show of parental and family support is welcomed as a powerful motivator for the continued success of our students. Students are permitted to dress formally for the event.

Contact Information

1. Address, Phone Number, and Fax Number

Upward Bound Program
University of North Dakota
2891 2nd Ave. No. Stop 9027
Grand Forks, ND 58202

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Phone: (701) 777-3427
1-800-CALL-UND
Fax: (701) 777-3627

Equal Opportunity /Affirmative Action Policy Statement: *It is the policy of the University of North Dakota that there shall be no discrimination against persons because of race, religion, age, creed, color, sex, disability, sexual orientation, national origin, marital status, veteran's status or political belief or affiliation, and that equal opportunity and access to facilities shall be available to all. This policy is particularly applicable in the admission of students in all colleges and in their academic pursuits. It is also applicable in University owned or University approved housing, food services, extracurricular activities, and all other student services. It is the guiding policy in the employment of students either by the University or outsiders through the University and in the employment of faculty and staff.*

The Title IX, Section 504, and ADA Coordinator for UND is Sally J. Page. She is located in the Affirmative Action Office, 101 Twamley Hall. The mailing address is Box 7097, Grand Forks, ND 58202-7097; telephone (voice/TDD) 701-777-4171. Concerns regarding Title IX, Title VI, Section 504, and ADA may be addressed to her or to the U.S. Department of Education, Office for Civil Rights, 10220 N. Executive Blvd, 8th Floor, Kansas City, MO 64153-1367, as prescribed by Title XI, Education Amendments of 1972; Title VI of the Civil Rights Act of 1964; Section 504 of the Rehabilitation Act of 1973; the Age Discrimination Act of 1975; and the Americans With Disabilities Act of 1991.